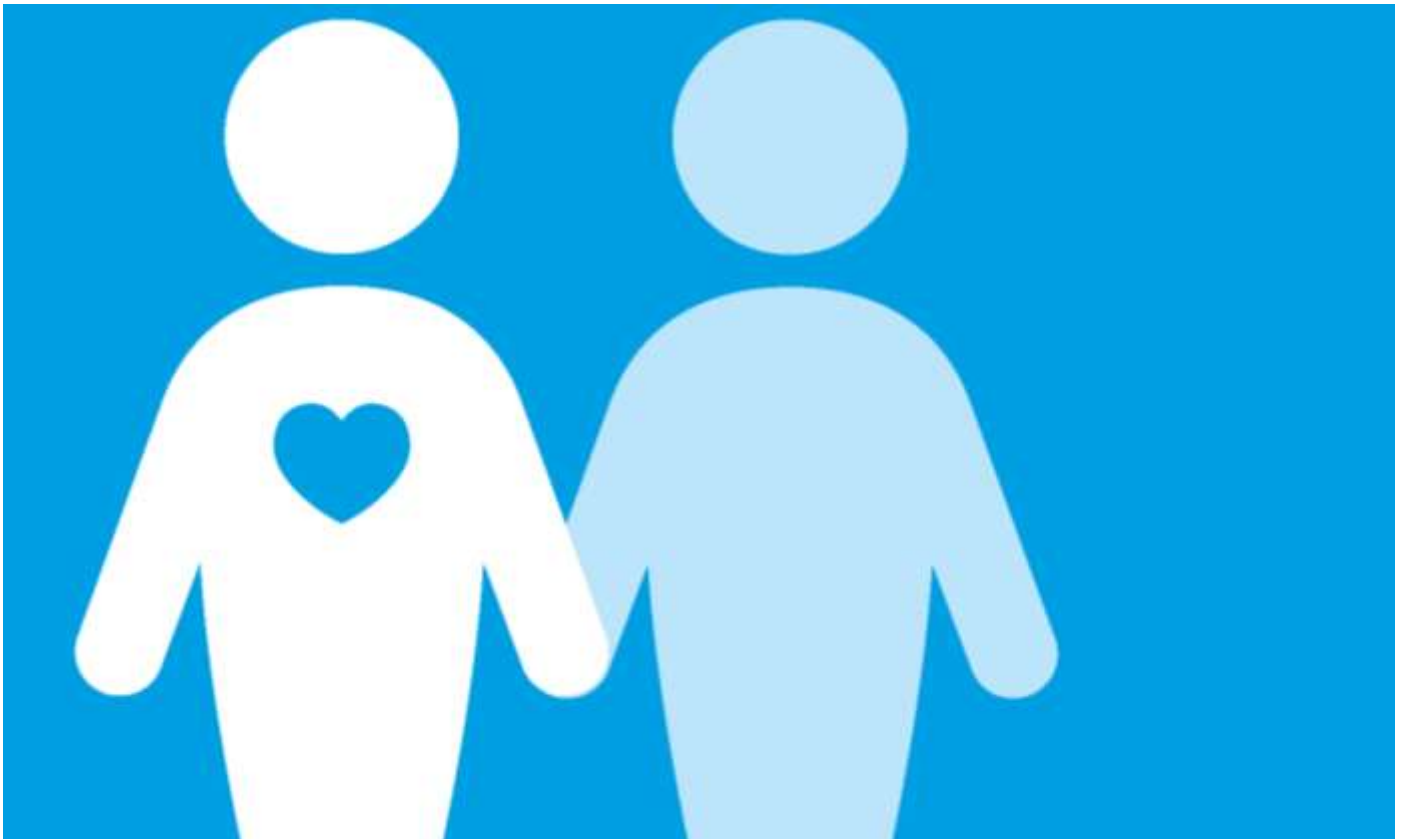


# East Riding Volunteer Befrienders Needed



***Talk, laugh and make a difference in your community***

**Our Volunteer Befrienders provide regular friendship visits or telephone calls with the aim of reducing the feelings of social isolation and loneliness.**

***For more information on becoming a Volunteer Befriender, contact the Befriending Team:***

**Age UK Hull, Silvester House, Silvester Street, The Maltings, Hull HU1 3HA**

**01482 324644**

**hello@ageukhull.org.uk**

**www.ageuk.org.uk/hull**